

## SACRED HEART PARISH - MUNDARING

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Next Week's Bulletin Editor: Kaye Lynam – 0415 284 745

Bulletin Notices: Call the Editor by 5:00pm Thursday

### WEEKDAY MASSES:

Tuesday 8:30am, Wednesday 9:00am, **Thursday 9:00am**

Friday 8:30am {Exposition 9-10:00am}

Saturday 8:30am {Rosary & Cenacle 9:00am}

### RECONCILIATION

MUNDARING Saturday 9:00am

CHIDLOW Wednesday 12noon - 1:00pm

### WEEKEND MASSES:

Saturday Vigil - 6:00pm (Sacred Heart Mundaring)

Sunday – 7:30am – {Rosary 7:00am} (Our Lady of Good Counsel, Chidlow)  
9:30am (Sacred Heart Mundaring)

### Emails

The Archdiocese of Perth provides both the service, security and support for email services of both clergy and parishes, making some of our historic email addresses more redundant. Rather than paying for an additional email service provider, we will be transitioning to the ones already provided and supported by the Archdiocese for many years:

**Parish:** [mundaring@perthcatholic.org.au](mailto:mundaring@perthcatholic.org.au)

**Deacon Paul:** [paul.reid@perthcatholic.org.au](mailto:paul.reid@perthcatholic.org.au)

**Fr Stephen:** [stephen.gorddard@perthcatholic.org.au](mailto:stephen.gorddard@perthcatholic.org.au)

## NEWS, HAPPENINGS & CELEBRATIONS

### Why Be Catholic Event:

Catch one of the world's leading presenters and writers on the Old Testament in Perth for a special conference on the family. Dr John Bergsma is heading a talented lineup of presenters for a special Catholic Conference, this one being focused on the family. 12<sup>th</sup> to 14<sup>th</sup> September: Thursday evening, Friday evening and Saturday. Details at: [www.EvangelisationAustralia.com](http://www.EvangelisationAustralia.com)



### Congratulations!

Thank you to parents and teachers for your support and preparation of your children. Congratulations to Trina, Poppy, Bridget, Stella, Ella, Bryce, Samuel and Raphael on your first Holy Communion!

### Parish Sacramental Preparation Classes

For our children from Year 3 and up, who are not part of a Catholic school sacrament program, please consider enrolling them in Parish Sacramental Preparation Classes as we help them prepare for various sacraments. Classes will begin mid-term on Wednesday August 21<sup>st</sup> 4:15pm until 5pm at the Church. The program will finish mid-term 4. Please contact Fr Stephen to register your child.

### Special 9am Thursday Mass Time

This Thursday 15<sup>th</sup> August, the school community will join the parish for a 9am Mass of the Solemnity of the Assumption is a day of Holy Obligation where Catholics are required where possible to attend Mass. The only other day outside of Sundays is Christmas. There will be TWO Masses, both a special 9am Mass joined by the school, and an evening 7pm Mass.

I am sure our Lord will be very pleased at our generous efforts to honour His mother and Mother Mary will not be outdone in returning powerful intercession for her spiritual children on this special feast of hers.

## 19<sup>TH</sup> SUNDAY IN ORDINARY TIME - Year B

### FIRST READING

#### A reading from the first book of Kings. 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked around and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So, he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

■ **The word of the Lord.**

### RESPONSORIAL PSALM Ps 33:2-9. R. v. 9.

**R. Taste and see the goodness of the Lord.**

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **R.**
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. **R.**
3. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. **R.**

### SECOND READING

#### A reading from the letter of St Paul to the Ephesians. 4:30-5:2.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

■ **The word of the Lord.**

### GOSPEL ACCLAMATION Jn 6 :51

**Alleluia, alleluia!**

**I am the living bread from heaven, says the Lord; whoever eats this bread will live forever.**

**Alleluia!**

## 19<sup>TH</sup> SUNDAY IN ORDINARY TIME -YEAR B

### GOSPEL

#### A reading from the holy Gospel according to John. 6:41-51.

*I am the living bread come down from heaven.*

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, 'I have come down from heaven?' Jesus said in reply, 'Stop complaining to each other.'

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live forever; and the bread that I shall give is my flesh, for the life of the world.'

■ **The Gospel of the Lord.**

### THE LIVING BREAD

Today we continue the focus on the Bread from Heaven. In the first reading we see Elijah in the wilderness fleeing from Jezebel. He just wants to lay down and die but an angel of the Lord touches him twice repeating 'Get up and eat'. All there was to eat was a round flat loaf and water too, but it was enough for the 40day/night journey to Horeb, the mountain of God.

God provided food for the journey as previously in the desert with Moses.

In the continuation of the Bread of Heaven discourse in John's Gospel, we find the Judeans are complaining about Jesus' claim to be 'the bread that came down from heaven'. They are grumbling and complaining like the Israelites in the desert. Jesus responds recalling the scriptures (Isaiah 54:13) that it is God who teaches them. The 'Amen, Amen' saying, translated as 'I tell you most solemnly,' emphasises the truth and faithfulness of this saying.

In John's Gospel the double Amen appears 25 times, always uttered by Jesus. In this important statement there is to be no doubt that Jesus is the 'bread of life'. He is the bread that comes down from heaven, the 'living bread'. The final sentence indicates not only that eating this bread means eternal life but that the bread that Jesus gives for the life of the world is his flesh. We readily understand this as his crucifixion. Beyond this the Judeans will complain further. As we hear these words let us contemplate the gift that Jesus gave us.

**Dr Rosemary Canavan**